

**LAKE MONTFORT SCHOOL, BENGALURU-49**  
**ANNUAL YEAR PLAN FOR THE ACADEMIC YEAR 2026-27**  
**GRADE: 11 PCBPE**

**ENGLISH**

<b>MONTH</b>	<b>CHAPTER/CONTENT</b>	<b>TEST/EXAM</b>	<b>TOPICS FOR SPEAKING &amp; LISTENING SKILLS &amp; ACTIVITIES (LANGUAGES)</b>
<b>MAY</b>	<b>Introduction to the pattern and portion. Hornbill:</b> Chap: 1  <b>W. Skills:</b> Notice Writing <b>Grammar:</b> Determiners.		
<b>JUNE</b>	<b>Hornbill:</b> Chap: 2 and 3 <b>Grammar:</b> Sub-Verb Agreement, Tenses and Re-ordering of sentences. <b>W. Skills:</b> Advertisement Writing.	<b>Monthly Test-1 Portion:</b> <b>W. Skill:</b> Notice Writing. <b>Gram:</b> Determiners, Sub-Verb Agreement and Re-ordering of sentences. <b>Hornbill:</b> Chap: 1 to 2 (Both Prose and Poem)	
<b>JULY</b>	<b>Hornbill:</b> Chap: 4 <b>Snapshots:</b> Chap: 1 <b>Grammar:</b> Tenses	<b>Monthly Test -2 Portion:</b> <b>W. Skill:</b> Advertisement. <b>Grammar:</b> Sub-Verb Agreement, Tenses and re-ordering of sentences. <b>Hornbill:</b> Chap: 3 (Prose and Poems) <b>Snapshots:</b> Chap: 1.	
<b>AUGUST</b>	<b>Snapshots:</b> Chap: 2 and 3. <b>W. Skills:</b> Poster. <b>Gram:</b> Reporting Speech.	<b>Monthly Test -3 Portion:</b> Comprehension. <b>W. Skill:</b> Poster. <b>Grammar:</b> May to July <b>Hornbill:</b> Chap: 4 (Prose and Poem) <b>Snapshots:</b> Chap: 2.	<b>Speaking Skills</b>
<b>SEPTEMBER</b>	<b>Hornbill:</b> Chap: 5 <b>Snapshots:</b> Chap: 4 <b>Grammar:</b> Modals <b>Writing Skills:</b> Letter Writing (Job Application).	<b>SLIP TEST:</b> Snapshots: Chap: 2 and 3.	
<b>OCTOBER</b>	<b>Revision</b> <b>Hornbill:</b> Chap: 6	<b>TERM EXAM PORTION: May to Sept.</b>	
<b>NOVEMBER</b>	<b>Snapshots:</b> Chap: 5 <b>Writing Skills:</b> Report Writing	<b>SLIP TEST:</b> Comprehension and Grammar (integrated)	<b>Listening Skills</b>
<b>DECEMBER</b>	<b>Writing Skills:</b> Speech Writing	<b>Monthly Test- 4 Portion:</b> Comprehension. <b>Gram:</b> May to Nov. <b>Hornbill:</b> Chap:6 <b>Snapshots:</b> Chap: 5.	
<b>JANUARY</b>	<b>REVISION</b>	<b>ANNUAL EXAMINATION</b>	

## PHYSICS

MONTH	CHAPTER / CONTENT	TEST / EXAM
MAY	Ch. 1 Physical World and Measurement	Slip Test Ch. 1
JUNE	Ch. 2 Motion in a Straight Line Ch. 3 Motion in a Plane	MONTHLY TEST -1 PORTION: Ch. 1,2
JULY	Ch. 3 Motion in a Plane (ctnd.) Ch. 4 Laws of Motion	MONTHLY TEST -2 PORTION: Ch. 3,4
AUGUST	Ch. 5 Work, Energy and Power Ch. 6 System of Particles and Rotational Motion Ch. 7 Gravitation	MONTHLY TEST -3 PORTION: Ch. 5,6
SEPTEMBER	Ch. 8 Mechanical Properties of Solids Ch. 9 Mechanical Properties of Fluids	Slip Test Ch. 7, 8
OCTOBER	Ch. 10 Thermal Properties of Matter	TERM EXAMINATION PORTION: Ch. 1 - 9
NOVEMBER	Ch. 10 Thermal Properties of Matter (ctnd.) Ch. 11 Thermodynamics Ch. 12 Kinetic Theory	Slip Test Ch. 10,11
DECEMBER	Ch. 12 Kinetic Theory (ctnd.) Ch. 13 Oscillations Ch. 14 Waves (ctnd.)	MONTHLY TEST -4 PORTION: Ch. 10, 11, 12
JANUARY	Ch. 14 Waves Revision	ANNUAL EXAMINATION Full Syllabus

## CHEMISTRY

MONTH	CHAPTER / CONTENT	TEST / EXAM
MAY	Chapter – 1 Some Basic Concepts of Chemistry	<b>SLIP TEST- Chapter 1(half portion)</b>
JUNE	Chapter – 1 Some Basic Concepts of Chemistry (Cont.)	MONTHLY TEST -1 PORTION: Chapter 1
JULY	Chapter – 2 Structure of Atom	MONTHLY TEST -2 PORTION: Chapter 2
AUGUST	Chapter – 3 Classification of Elements and Periodicity in Properties Chapter – 4 Chemical Bonding and Molecular Structure	MONTHLY TEST -3 PORTION: Chapter 3
SEPTEMBER	Chapter –5 Chemical Thermodynamics Chapter – 6 Equilibrium	<b>SLIP TEST- Chapter 5</b>
OCTOBER	Chapter – 6 Equilibrium (Cont.) Chapter –7 Redox Reactions	TERM EXAMINATION PORTION: June to September
NOVEMBER	Chapter- 8 Organic Chemistry: Some basic Principles and Techniques	<b>SLIP TEST-chapter 8</b>
DECEMBER	Chapter – 9Hydrocarbons	MONTHLY TEST -4 PORTION: 8&9
JANUARY	Chapter – 9Hydrocarbons (Cont.) Revision	ANNUAL EXAMINATION Full Portions

## BIOLOGY

MONTH	CHAPTER / CONTENT	TEST / EXAM
MAY	Chapter – 1 The living world	<b>SLIP TEST- Chapter 1</b>
JUNE	Chapter – 2 Biological classification Chapter – 3 Plant kingdom	MONTHLY TEST -1 PORTION: Chapter 2&3

<b>JULY</b>	Chapter – 4 Animal kingdom Chapter – 5 Morphology of Flowering plants	MONTHLY TEST -2 PORTION: Chapter 4
<b>AUGUST</b>	Chapter – 6 Anatomy of Flowering plants Chapter – 7 Structural organization in Animals Chapter – 8 Cell – The Unit of life	MONTHLY TEST -3 PORTION: Chapter 5 , 6 & 7
<b>SEPTEMBER</b>	Chapter – 9 Biomolecules Chapter – 10 Cell cycle and Cell division Chapter – 11 Photosynthesis in plants	<b>SLIP TEST- Chapter 8</b>
<b>OCTOBER</b>	Chapter – 12 Respiration in plants Chapter – 13 Plant growth and development	TERM EXAMINATION PORTION: June to September
<b>NOVEMBER</b>	Chapter- 14 Breathing and Exchange of gases Chapter – 15 Body fluid and circulation	<b>SLIP TEST-chapter 14</b>
<b>DECEMBER</b>	Chapter – 16 Excretory products and elimination Chapter - 17: Locomotion and Movement Chapter – 18 Neural control and co- ordination	MONTHLY TEST -4 PORTION: Chapter 15&16
<b>JANUARY</b>	Chapter – 19 Chemical co – ordination and integration	ANNUAL EXAMINATION Full Portions

## PHYSICAL EDUCATION

MONTH	CHAPTER / CONTENT	TEST / EXAM
<b>JUNE</b>	UNIT-1 Changing Trends & Career in Physical Education. Stand – 1 GAMES/SPORTS Football – Passing skills, Push pass. Basketball – Dribbling skills low dribbling. Stand – 2 YOGA (Surya Namaskar) Partial curl-up, flexed/bend arm hang.	Muscular endurance test PRACTICAL 1 (labelled diagram of 400m Track and Field with computations.) Unit-1 (Slip test)
<b>JULY</b>	UNIT -2 Olympic Value Education. UNIT 3 Yoga Stand – 1 GAMES/SPORTS Football – Passing skills, long pass. Basketball – Dribbling skills high dribbling. Athletic – track and field marking. Stand – 2 YOGA (pranayama) Sit and reach, 600 mats run. Flexibility and endurance test	Monthly Test -2 Unit-2,3 (Slip test)
<b>AUGUST</b>	UNIT 4 Physical Education & Sports for CWSN UNIT-5 Physical Fitness, Wellness. Basketball – receiving the ball	Unit-4,5 (Slip test) MT-3

<b>SEPTEMBER</b>	UNIT-6 Test Measurements & Evaluation UNIT-7 Fundamentals Of Anatomy and physiology in Sports Basketball –2points shooting Athletic – Sprint 200 mts Stand – 2 YOGA (Padma Sana, bhujangasana.) Sprint/dash, Standing Vertical Jump	PRACTICAL 3 (BMI from family or neighbourhood and Graphical data.) Speed and power test Unit-6,7 (Slip test)
<b>OCTOBER</b>	UNIT-8 Fundamentals of Kinesiology and Biomechanics In Sports. Basketball –3points shooting Athletic – Sprint 200 mts Stand – 2 YOGA (Vajrasana, Naukasana, Vrikshasana). Plate tapping, Alternative hand wall toss test	PRACTICAL 4 (List of current National Awardees (Dronacharya, Arjuna and Rajiv Gandhi Khel Ratna Award) Co-ordination test Team Exam
<b>NOVEMBER</b>	Unit-9 Psychology and Sports Stand – 1 GAMES/SPORTS Football –shooting with instep Basketball –Free throw Shooting Athletic – Sprint 400 mts Stand – YOGA( Artha-salabhasana, Akarna-dhanurasana)	PRACTICAL 5 (Pictorial presentation of any five Asanas for Improving Concentration Skills test Unit-9 (Slip test)
<b>DECEMBER</b>	UNIT-10 Training and Doping in Sports Basketball –Dodging/marking,	Submission of Records for Principal”Sign MT-4 Unit-10(Slip test) Slip test
<b>JANUARY</b>	Stand – 1 GAMES/SPORTS Football –Feinting. Basketball –Rebound ( Skills test )	Annual Exam